

# Crabbs Cross Academy's PSHE Vocabulary Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
KS1	Special Safe Community Consequences Rewards Hope Fear Fair Valuing Contributions Choices	Similarities Differences Bullying Celebrating Assumptions Stereotypes Gender Gender diversity	Success Achievement Learning styles Overcoming obstacles Realistic Strengths Cooperation Contributing	Medicine Medication Road safety Relaxation Nutrition Lifestyle	Belonging Physical contact Preferences Celebrations Boundaries Secrets Trust Appreciation	Life cycles (animal/human) Male Female Changes Life cycles (plants) Young Old Independence
KS2	Goals Self-worth Positivity Challenges Perspectives Democracy Motivation Class Citizen Voice Peer pressure	Diverse families Family conflict Child-centered Compliments Witness Solutions Judgement Appearance Acceptance Influences Impressions	Ambitions Enthusiasm Managing feelings Budgeting Disappointment Overcoming Resilience Positive attitude	Food labelling Healthy choices Online safety Offline safety Healthy friendships Smoking Alcohol Inner strength Assertiveness	Roles Negotiation Diverse lives Impact Jealousy Love/loss Memories Girlfriends Boyfriends	Internal External Needs Being unique Body changes Transition Accepting change Having a baby